

INTRODUCTION TO KARATE



2nd - 8th
Graders



Coordinator: Jose Bustamonte

Class Description: This will be open to 2nd– 8th graders. This is an introduction class where they will learn the proper way to stand, punch, kick, block and a basic kata (*forms*). Students will not be required to wear uniforms. Just loose fitting and comfortable clothes.

Enrollment: These classes are dependent upon interest, and there is a minimum number of 4 and a maximum number of 12 students per class.

Instructor: *Jose Bustamonte is ranked in Kyokushin Karate.*

Any questions or concerns contact:

Jose Bustamonte: bustamante_jose@hotmail.com

Day: Friday

Dates: Mar. 17, 24, 31

Apr. 14, 21, 28

May 5, 12

Time: 3:15 – 4:00

Place: MPR

Please do not reply by email. Return this flyer to the office

Student Name:

Classroom:

Grade:

Parent Name:

Phone#:

Parent email address:

Intro to Karate, 2nd-8th graders

This space for Activities Committee